

**REGISTERED COMPANY NUMBER: SC290434**  
**REGISTERED CHARITY NUMBER: SC023976**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2017  
FOR  
ECOLOGIA YOUTH TRUST**

**ECOLOGIA YOUTH TRUST**

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for the year ended 30 September 2017**

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2017. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

## OBJECTIVES AND ACTIVITIES

### Objectives and aims

The objectives and aims of the charitable company are:

- The advancement of education for public benefit and in particular advancement of therapeutic education for socially deprived children and education for youth in ecological awareness and environmental protection.
- The advancement of physical and spiritual health of underprivileged persons irrespective of their age, or their social or economic circumstances.

### Significant activities

The significant activities carried out by the charitable company in order to achieve their objectives during the year were:

- Concluding year of a 3-year project in Myanmar funded by the Big Lottery Fund that supports Buddhist Youth to develop sustainable livelihoods and showcase different styles of sustainable farming methods to demonstrate natural resource management and combat climate change.
- Start of a new programme in Scotland, Growing2gether, an early intervention programme that works closely with 7 secondary schools in Scotland to address the needs of disengaged young people's social and emotional development by giving them work experience mentoring small children in a nursery setting.
- Further developed international connections for Kitezh with youth groups and schools in UK and USA and implemented the International Volunteers programme at Kitezh and Orion, Russia.
- Further developed a partnership with International Peace Initiatives working with HIV/AIDS- and poverty-affected women and orphans in Kenya. Developed a volunteering programme at IPI.
- Further developed the partnership with Sky Is The Limit school and home for HIV/AIDS and poverty-affected orphans in Uganda by providing support for the school.

## ACHIEVEMENT AND PERFORMANCE

Our vision is a world where all young people can thrive within their communities.

Our mission is to enable marginalised young people to realise their potential and become agents of change in their communities.

Ecologia is committed to support young people to find long-term solutions to their problems and those of their communities. We aim to support young people and children to raise their self-belief and aspiration and to grow into their unique and abundant potential as well as become a positive force for change in their communities. Our projects in Scotland and internationally develop new models to support vulnerable children in their communities, taking a therapeutic approach to early childhood trauma, and helping children to participate in community life through education and life skills development.

Young people are the most affected by the challenges facing societies around the world. Yet they are also the best placed to find solutions to the most urgent issues affecting them. Together with our partners, we help young people to gain access to the things they need in order to fulfil their potential and become agents of change in their communities.

### Overview of the year:

In 2017 the trustees concentrated on a strategic review of the activities of Ecologia Youth Trust in the light of the continued impact of the economic crisis of the past decade on international development and local funding, with fewer international funders and much more focused donor strategies. In addition we share the view, generally held in international development, that local civil society organisations should receive more direct funding and hold more power, rather than funds being channelled via international NGOs, thereby asking for a re-framing of the geographical aims of the organisation.

Ecologia Youth Trust is nearing the completion of 12 years working in South East Asia. As our Big Lottery funded project in Myanmar approached its close, synchronistically, the Big Lottery offered Ecologia a small grant to support the development of a new business model. This resulted in an exceptional opportunity to develop a 3-5-year Strategic Plan which was both timely and aligned with our aims and objectives.

## ACHIEVEMENT AND PERFORMANCE

The results were congruent with our plan to develop a programme at home, in Scotland, while supporting our international partners to become more sustainable and self-sufficient. It was observed that the original project with Kitezh Children's Community that started Ecologia on its journey of supporting disadvantaged children, has now become healthy and self-reliant, no longer dependent on external funds for day to day support. Instead, we are now able to provide Kitezh with international connections, through schools and universities in the UK and USA, raising its profile internationally amongst cutting edge child care organisations.

The strategic decision to bring a Scottish project under the wing of Ecologia Youth Trust was confirmed and funded by Education Scotland, Growing2gether was launched in January 2016 in three schools in deprived areas of the Highlands.

### Current Projects Review:

#### Growing2gether Scotland:

After initial support for Growing2gether from Education Scotland we were fortunate to secure eighteen months funding from the Aspiring Communities Fund, through the Scottish Government and the European Social Fund. This allowed us to increase the number of schools we served from three to seven and to add a further three schools in 2018. In the first year of operation, this has given 176 young people and 176 nursery children the opportunity to benefit from our targeted intervention and intensive support. Of those young people who finished G2G 98% completed the University of the Highlands & Islands, Personal Development: Self in Community (SCQF level3) Unit, and we were delighted that there was a 100% success rate.

In partnership with Highland Council, Growing2gether worked in seven secondary schools in the Highlands of Scotland in its first year and has shown significant early success. 74% of participants agreed that the programme influenced them to make good decisions about their lifestyle (i.e. not drinking or taking drugs); 87% agreed that education would offer them more opportunities in the future; 81% felt that G2G had made them more confident in their abilities; 72% agreed that the programme had given them more focus in life; and 83% agreed that the programme made them aware of themselves and the consequences of their action.

*"I haven't been to school for a long time... I get anxious and I panic. I feel better since coming to Growing2gether... I have made new friends and now I am staying a little longer and going to some lessons. The children make me happy."*  
Jane, 14, (not her real name), Growing2gether participant.

*"She has spoken in a highly positive manner regarding the programme. I believe her self-image, communication skills and self-confidence have improved".*  
Secondary teacher

Reports from the schools regarding changes they see in the participants of Growing2gether have been promising: 100% said that the students appear to be more confident; 75% that they were happier individuals; 75% said that the experience had helped the young person emotionally and they saw 40% of participants improve academically.

*"The opportunity for many of our pupils to develop a close relationship with a younger child is really quite an eye-opener. They learn what it is to be respected and, from that, follows the importance of resilience and reliability. The benefits for our pupils are huge - not just in terms of the importance placed on their work in the classroom but in the development of essential skills, including attendance and punctuality, that they will need for their future life and work whatever path they end up taking."*

John Rutter, Head Teacher, Inverness High School, February 2018

Ecologia's partnership with Highland Council has gone from strength to strength. The Council has opened doors, introduced us to schools in the most deprived areas of the Highlands, supported our strategic planning and has listed Growing2gether as one of their preferred providers for the Pupil Equity Fund from Education Scotland. We are grateful for this enduring partnership. Bernadette Cairns, Head of Additional Support for Highland Council has said,

*"We have included Growing2gether as a recommended provider to schools considering how they might use their Pupil Equity Fund to good effect. The programme specifically targets vulnerable pupils and looks to the skills they will need to build resilience and give themselves the best opportunities as they move through adolescence and enter adult life. The content and delivery method has been well evidenced as an approach that can be successful with teenagers and the local authority has therefore been happy to promote its use in our schools."*

We look forward to developing this programme further and will focus our ambitions for growth on this new Scottish-based initiative, by expanding our programmes beyond the Highlands. Our vision is to reach 576 young people mentoring 576 children by 2021, first in Highland and then in other areas of deprivation across Scotland.

Growing2gether is the only programme in Scotland which pairs disadvantaged young people as mentors to children needing additional support and combines this with classroom training in work and life skills to build wellbeing and address challenging behaviour.

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## ACHIEVEMENT AND PERFORMANCE

### We Love Inle Lake Project, Myanmar:

The 3-year youth-led project funded by the Big Lottery Fund, in partnership with Kalyana Mitta Foundation, working with communities in Pekhon and Nyaung Shwe townships of Inle Lake, Myanmar will complete in January 2018 and is on track to achieving project outcomes in eco-farming, youth empowerment, sustainable livelihood and youth led natural resource management. The project takes a holistic approach towards watershed conservation issue and livelihood needs of local communities.

### Eco Farming:

56 youth completed the 3-month long eco farming training courses and 44 of the youth are now practicing eco farming, confident they will continue. They returned to their villages and started practicing eco farming and with support from the project team trained other farmers in their communities and near-by villages either formally or informally in eco farming techniques. The young farmers also set up 25 demonstration plots as examples of eco farming that inspire other farmers to take on eco farming and show them the effectiveness of organic farming in contrast to the highly chemicalised practices that are customary in the area. As a result, there are now 970 households in 50 villages actively practicing eco-farming and 1053 households with increased diversity of crops having moved away from mono-agriculture. Change stories from participants expressed their improved understanding of the value of organic farming methods and their commitment to take this newly gained knowledge and practical experience back to their villages.

*"After the eco farming training I began to learn to be free from fear and to make use of local available resources for farming or families. No one knew how to turn them into locally available useful products before the training. Now villagers are interested in buffalo dung as a natural fertilizer. As a result of the training, I am able to offer practical knowledge such as bokashi compost, shampoo & solid soap making and bamboo vinegar making."*  
(Ko Sein Myint; Kaung Ei Village, Pekhon)

*"I now have 100 avocados, 100 bananas with some mixing crops in 3 acres of land. I used to grow single crop and pests and diseases destroyed most of the crops. Now I don't do mono-agriculture."*  
(Than Tin EF, LweLon Village, Kaung Ei Village Tract, Pekhon)

### Eco Social Enterprise:

30 youths completed the Eco Social Enterprise training, an emerging concept that considers caring for the environment, social concerns and youth empowerment as well as income generation. 25 trainees formed three working groups and established enterprises in water hyacinth craft products, added value food processing linking with produce from the young eco farmers, and an Eco café. Establishing the Eco Social Enterprises was more challenging than expected as it was difficult to find consultants with experience to support them, and the youths struggled with marketing. However, this concept has attracted a lot of interest and the three established Eco Social Enterprises will continue after the project ends.

### Seed Fund Projects:

To support community resilience 10 on-going community self-reliance projects have been established including an agro tree nursery, an eco-shop, pig & chicken-raising and savings groups. There are also 16 on-going Natural Resource Management seed fund projects e.g. water source care, community forest, water resource maintenance, herbal conservation, composting, fish breeding, waste management. There are many more local initiatives by youth groups all contributing to self-reliance and community resilience.

Green Youth Groups - A strategy of KMF is to inspire young people and then have them form youth groups and set up their own activities. Many youths joined Disaster Risk Reduction and Natural resource management training and alumni were inspired to create 11 new Green Youth Groups around the watershed caring for the environment in their locality. The project also strengthened 9 existing Youth Groups. In total around 830 youths are active in community organising for self-reliance and natural resource management

### Youth Led Natural Resource Management:

The annual We Love Inle & We Love Pekhon Campaigns mobilised hundreds of youths raising awareness of the need for natural resource management. The youth did waste collection at big festivals and events and had a marquee with exhibitions on local species and watershed issues. In the final year the campaigns have been organised by local CBOs and this will continue in years to come.

### CBO Networks:

An unexpected outcome of the project has been the establishment and strengthening of active Community Based Organisations Networks in Pekhon & Nang Shwe working with around 50 CBOs linking with other stakeholders. These are creating channels for voices of the communities to influence opinion in watershed management to other stakeholders including government, NGOs, businesses etc. In Nyaung Shwe representatives from the CBO network have been invited to contribute to local government organised meetings on watershed management and lobbied on areas such as transparency of decision-making.

### ACHIEVEMENT AND PERFORMANCE

Participatory Monitoring, Evaluation and Learning (PMEL) - PMEL has been in place throughout the project involving stakeholders and beneficiaries at all parts of the project cycle. Key activities are participatory baseline and midterm PMEL. A final PMEL of all activities will be part of project evaluation the last quarter of 2017 and will measure impact to outcomes and evidence indicators met. This includes consultations, seminars and interviews with beneficiaries, stakeholders and local teams. Change stories, a short film and an evaluation report will illustrate and verify impact of project. The Participatory Evaluation report will be available on the Ecologia website.

The project is already exceeding targets in some areas particularly eco farming where extension is largely spread through enthusiasm of the young farmers. There is an unexpected amount of interest in Pekhön. Individually funded demo plots and local contribution to natural resource management and eco farming activities have also increased expected impact.

The project benefited from a currency surplus over the three years and with the approval of Big Lottery Fund will use this money for a 3-month extension in 2018 to further support longer-term sustainability. This will include a Participatory Guarantee System for organic farming; follow up mentoring support on the self-reliance and natural resource management projects; preparing a 3 year follow on project for Pekhön and further establishing the Pekhön CBO network, and capacity building for self-reliance groups.

#### Kitezh and Orion Children's Community, Russia:

The two foster family villages continue to grow and flourish. Their winter and summer camps have become very popular and contribute to their financial security and self-sufficiency. The Kitezh School has achieved recognition from the state as an Experimental School, and has a growing reputation for excellence in education, both for orphans and for children with exceptional needs who attend the school as boarders. Kitezh has become a leading authority on therapeutic care for orphans in Russia.

Ecologia Youth Trust continues to develop international connections for the Kitezh Community Network. Kitezh and Orion are particularly keen to develop ongoing relationships with schools and youth groups that help to expand the minds of both Russian and foreign children as they meet and engage in creative activities together, building bridges of peace and international understanding. Sevenoaks School, Kent, and St Paul's Girls' School, London, both pay an annual visit to Kitezh and Orion as their students have benefitted a great deal from their experience there. Kitezh also hosts an annual youth group from Seattle, USA.

The friendship between other British schools and universities is steadily growing through our volunteers' programme. Students from Nottingham, Bristol, Oxford and Cambridge Universities regularly spend part of their Year Abroad as volunteers at Kitezh and Orion, taking advantage of the opportunity to improve their Russian language and make a contribution to the lives of the children and adults there.

The Child Sponsorship scheme continues to build friendships between the foster children and their sponsors from many countries in the world. Occasionally 'godparents' visit them at Kitezh and Orion which is always a cause for celebration! The children love to get to know them. Melanie Mauthner returns every year to improve her Russian language and visit her 'god daughter' Nina. "Writing to Nina in Russian and receiving her homemade cards brings me immense joy. She motivates me to keep learning Russian and she has inspired many poems that I have written. It is an enriching and rewarding bond for me for which I am very grateful."

#### International Peace Initiatives (IPI), Kenya:

Ecologia Youth Trust has supported skills trainings for over 250 young women living with HIV/Aids or in extreme poverty. They have received training in detergent making, tailoring, tie-dye, catering, knitting, cosmetics and food processing. It has changed the lives of the women who previously had no means to support themselves or their children.

The most recent project trained 30 vulnerable young women in hairdressing as an alternative to being obliged to earn their living as commercial sex workers. As of March 2017, of the 30 women who graduated, 15 are now employed in salons in nearby towns of Meru, Makutano, Nanyuki and Isiolo; five have opened their own small hairdressing businesses; six have their own home hairdressing businesses; two of the women are at home doing farming; one currently works in a community project but hopes to start a hairdressing business; and only one has returned to commercial sex work. This shows that the training enabled 95% of the women to find alternative work to support their families and avoid risky behaviours. The course also demonstrated that providing improved sexual health education resulted in changing behaviours, with none of the participants reporting unwanted pregnancies since. Demand for another course has come from the women who use IPI's drop-in services and the friends of previous attendees.

Ecologia has developed a child sponsorship programme for the children at Kithoka Amani Children's Home at IPI that helps to pay for school fees for the children. Eight children are supported to go to High School by generous sponsors from England and Hong Kong.

## ECOLOGIA YOUTH TRUST

### REPORT OF THE TRUSTEES for the year ended 30 September 2017

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#### ACHIEVEMENT AND PERFORMANCE

Our first volunteer spent 6 months at IPI and enjoyed the experience immensely, contributing his enthusiasm and commitment to sustainability and the environment.

##### Uganda:

Sky Is the Limit is a small but effective project where a little money goes a very long way. It consists of a school for 350 pupils, many of whom are living with the consequences of HIV/AIDS and a residential home for 35 orphans. This year we acquired funding to pay for school books, tables and chairs, and to provide a hot lunch for each child for the fourth year running - this simple programme has enormous benefits to the children, many of whom come to school with no breakfast, and the improvement in attendance and levels of concentration is remarkable.

In addition, we collected books for the school and are funding the development of a small farm with fruit trees and pigs to help Sky Is The Limit to achieve sustainability. Our child sponsorship programme supports children to go on to Secondary school where they are required to pay school fees.

We are developing a project to build school buildings of bricks, with concrete foundations to replace bamboo-walled classrooms that were attacked by termites.

##### **Fundraising events for Ecologia:**

##### Run Around Britain in support of Ecologia Youth Trust:

In March 2016 Simon Clark set off from Findhorn, Morayshire on a 5,000-mile run around the coast of Britain in aid of Ecologia Youth Trust. Inspired by Rosie Swale Pope's Run Around the World in 2005, who also ran to support Ecologia and Kitez Children's Community, Simon set off with nothing other than a small rucksack, a bivvy bag to sleep in, and his laptop computer to allow him to continue his architectural project along the way. We enthusiastically supported him as he ran, providing moral support and contacts for places to sleep along the way, while he fulfilled his commitment to complete the challenge he had set himself. This he did on 5th July 2017, his 59th birthday, to a tumultuous welcome home by the Findhorn Community. He achieved a remarkable 5,130 miles in 15 months, raising £25,000 for Ecologia! All the while Simon worked on the run as an architect for the Vipassana Centre in Herefordshire. Bravo! A magnificent effort and a marvellous contribution.

The annual Santa Run at Victoria Park in London was well supported by 30 young people from Sevenoaks School and St Paul's Girls School raising £2,745 for Kitez-Orion and Ecologia.

In addition, popular local fundraising events and support from individuals raised much valued core funds of £12,000 for Ecologia.

#### FINANCIAL REVIEW

##### **Principal funding sources**

In addition to our many individual donors, we are grateful to the following Grant Making bodies and Trusts for their support for our work:

- The Big Lottery Fund for the "We Love Inle Lake" Project in Myanmar;
- Education Scotland;
- Aspiring Communities Fund (Scottish Government with the European Social Fund);
- Baker Botts LLP, London;
- JSF Pollitser Trust;
- Ernest Ingham Charitable Trust;
- Gilchrist Educational Trust;
- The Paget Trust;
- The Souter Trust
- The Peter Alan Dickson Foundation
- Drewsteignton Holy Trinity Church
- Paypal Giving Fund;
- Global Giving;
- The Hygeia Foundation USA.

##### **Investment policy and objectives**

Ecologia Youth Trust has invested £10,000 in Ekopia Resource Exchange Limited. The purpose of these investments are to assist with the Ecovillage project being funded by Ekopia Resource Exchange Limited.

## ECOLOGIA YOUTH TRUST

### REPORT OF THE TRUSTEES

for the year ended 30 September 2017

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#### FINANCIAL REVIEW

##### Reserves policy

The trustees' reserve policy ensures that Ecologia Youth Trust maintains sufficient general fund reserves to be able to continue in 'normal' existence for at least three months followed by an 'orderly' curtailment of activities over the following three months if necessary. The policy is reviewed annually. The trustees aim to hold, therefore, between three and six months of budgeted general funds, as unrestricted funds, to reflect these legal and fiduciary obligations. The level of reserves required in the general fund is reviewed with the budget annually. As of 30 September, 2017, Unrestricted Reserve stands at £39,464 which represents 53% of the total cost to run the charity for one year.

**Restricted Reserve Funds:** Ecologia Youth Trust holds Restricted Reserves for project funds that are carried over to the following year. On 30th September 2017 these Reserves stood at £56,862. £53,000 is held for Kitezh Children's Community of which £15,635 is an Education fund, held in trust for the children until they turn 18. The funds are released on request. A further £3,862 is held in restricted reserve funds for other projects, carried over to the following year.

In the financial year 2016/17 there has been a net spend of £40,352 on restricted funds and this has primarily been met by the unspent restricted funds brought forward from 2015/16 of £89,410. At 30 September 2017 the amount of unspent restricted funds carried forward to future periods is £56,862

#### FUTURE PLANS

##### Myanmar:

'We Love Inle Lake project' that started on 1st February 2015 will be completed in January 2018.

##### Scotland:

Growing2gether, our new Scottish programme started with 3 schools in January 2017, increased to 7 schools in July 2017 and will increase again in January 2018 to 10 schools. We intend to reach 576 young people mentoring 576 children by 2021, first in Highland and then in other areas of deprivation across Scotland.

##### Russia:

Kitezh Educational Centre: Stage 2 has been built, and internal decoration will continue into 2017-18. It will provide a canteen and indoor sports facility. The Volunteers and Child Sponsorship programmes will be developed further. International exposure visits of Orion staff members will be organised in 2018.

##### Kenya:

International Peace Initiatives (IPI): We will continue to provide Skills Trainings for vulnerable mothers and young women and to support HIV-affected children and their families. Child Sponsorship will grow, as will the Volunteers programme.

##### Uganda:

Sky Is the Limit School (SITL): We have developed a proposal to build new classrooms for the school in conjunction with a volunteers group who will help to raise the funds and then participate in the building activity. We will support SITL to further develop self-sufficiency through enlarging their farm, providing food for the residential children and school pupils. We will continue to raise funds to support the school.

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Governing document

The charity is controlled by its governing documents, its Memorandum and Articles of Association, and constitutes a company limited by guarantee.

##### Recruitment and appointment of new trustees

All trustees are also directors and shall be members of Ecologia Youth Trust. They are initially elected by the members at the Annual General Meeting. Trustees may also at any time appoint a member to be a trustee. At each third Annual General Meeting all trustees retire from office but shall be eligible for re-election. The trustees elect from among themselves a chair, treasurer or other office bearers they consider appropriate. Employees of the Trust shall be eligible for membership, provided that at all times no more than one third of the total number of directors are also acting as employees

##### Organisational structure

A board of 7 trustees and a company secretary administer the charity. The board may have a minimum of 3 and a maximum of 9 trustees. The trustees have delegated the day to day running of the charity to the chief executive.

##### Induction and training of new trustees

Once a new trustee is appointed, he/she will be given the appropriate information required to carry out their duties according to the law.



**ECOLOGIA YOUTH TRUST**

**REPORT OF THE TRUSTEES  
for the year ended 30 September 2017**

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Related parties**

None of the trustees belong to any other organisation that could represent a conflict of interests.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
SC290434

**Registered Charity number**  
SC023976

**Registered office**  
66 The Park  
Findhorn  
Forres  
IV36 3TD

**Trustees**

H Rose - resigned 23/12/17

C Brislee

G L Shaw

Chairperson

D Whitmore

F A Hollingshead

A S Haworth

- appointed 7/12/16

N Hollins

Deputy Chairperson

- appointed 7/2/17

C W Kitson

- appointed 23/12/17

**Company Secretary**

E Egan

**Independent examiner**

Mark Sanderson, BSc(Hons), CA

MacKenzie Kerr Limited

Redwood

19 Culduthel Road

Inverness

IV2 4AA

**Solicitors**

R and R Urquhart

117-121 High Street

Forres

Moray


IV36 1AB

**Chief Executive**

Liza Hollingshead

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 23 March 2018 and signed on its behalf by:

  
.....  
N Hollins - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
ECOLOGIA YOUTH TRUST**

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I report on the accounts for the year ended 30 September 2017 set out on pages nine to nineteen.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
  - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mark Sanderson, BSc(Hons), CA  
MacKenzie Kerr Limited  
Redwood  
19 Culduthel Road  
Inverness  
IV2 4AA

Date: 28.3.18 .....

ECOLOGIA YOUTH TRUST

STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
for the year ended 30 September 2017

	Notes	Unrestricted fund £	Restricted funds £	Total 2017 funds £	Total 2016 funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		25,995	30,376	56,371	112,511
<b>Charitable activities</b>	4				
The advancement of education and physical and spiritual health			170,960	170,960	164,801
Other trading activities	2	33,185	3,516	36,701	54,126
Investment income	3	487	-	487	613
<b>Total</b>		<b>59,667</b>	<b>204,852</b>	<b>264,519</b>	<b>332,051</b>
<b>EXPENDITURE ON</b>					
Raising funds	5	14,061	6,343	20,404	20,212
<b>Charitable activities</b>	6				
The advancement of education and physical and spiritual health		46,140	238,861	285,001	294,211
<b>Total</b>		<b>60,201</b>	<b>245,204</b>	<b>305,405</b>	<b>314,423</b>
<b>NET INCOME/(EXPENDITURE)</b>		<b>(534)</b>	<b>(40,352)</b>	<b>(40,886)</b>	<b>17,628</b>
Transfers between funds	19	(7,804)	7,804	-	-
<b>Net movement in funds</b>		<b>(8,338)</b>	<b>(32,548)</b>	<b>(40,886)</b>	<b>17,628</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		47,802	89,410	137,212	119,584
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>39,464</b>	<b>56,862</b>	<b>96,326</b>	<b>137,212</b>

**CONTINUING OPERATIONS**

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

**ECOLOGIA YOUTH TRUST**

**BALANCE SHEET**  
At 30 September 2017

	Notes	Unrestricted fund £	Restricted funds £	Total 2017 funds £	Total 2016 funds £
<b>FIXED ASSETS</b>					
Tangible assets	13	739	-	739	473
Investments	14	<u>5,000</u>	-	<u>5,000</u>	<u>5,000</u>
		5,739	-	5,739	5,473
<b>CURRENT ASSETS</b>					
Debtors	15	39,183	-	39,183	18,762
Investments	16	5,000	-	5,000	5,000
Cash at bank and in hand		<u>393</u>	<u>62,581</u>	<u>62,974</u>	<u>130,140</u>
		44,576	62,581	107,157	153,902
<b>CREDITORS</b>					
Amounts falling due within one year	17	<u>(10,851)</u>	<u>(5,719)</u>	<u>(16,570)</u>	<u>(22,163)</u>
<b>NET CURRENT ASSETS</b>					
		<u>33,725</u>	<u>56,862</u>	<u>90,587</u>	<u>131,739</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>39,464</u>	<u>56,862</u>	<u>96,326</u>	<u>137,212</u>
<b>NET ASSETS</b>					
		<u>39,464</u>	<u>56,862</u>	<u>96,326</u>	<u>137,212</u>
<b>FUNDS</b>					
Unrestricted funds	19			39,464	47,802
Restricted funds				<u>56,862</u>	<u>89,410</u>
<b>TOTAL FUNDS</b>					
				<u>96,326</u>	<u>137,212</u>

The notes form part of these financial statements

**ECOLOGIA YOUTH TRUST**

**BALANCE SHEET - CONTINUED**  
**At 30 September 2017**

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The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2017.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 September 2017 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 23 March 2018 and were signed on its behalf by:

  
.....  
N Hollins - Trustee

1. ACCOUNTING POLICIES

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off the cost less estimated residual value of each asset over its estimated useful life.

Motor vehicles	- 25% on reducing balance
Computer equipment	- Straight line over 3 years

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Foreign currencies**

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are taken into account in arriving at the operating result.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Investments**

Investments are recorded at cost less any permanent impairment in the financial statements as it is impractical to record such investments at market value. Investments which have a redemption due beyond one year are classified as fixed asset investments and with a redemption within one year are classified as current asset investments.

2. OTHER TRADING ACTIVITIES

	2017 £	2016 £
Kitezh Volunteers Scheme	12,167	42,421
Other income	1,390	725
Fundraising appeals	<u>23,144</u>	<u>10,980</u>
	<u>36,701</u>	<u>54,126</u>

3. INVESTMENT INCOME

	2017 £	2016 £
Bank interest received	112	238
Ekopia investment income	<u>375</u>	<u>375</u>
	<u>487</u>	<u>613</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	<b>Activity</b>	2017 £	2016 £
Grants	The advancement of education and physical and spiritual health	<u>170,960</u>	<u>164,801</u>

Grants received, included in the above, are as follows:

	2017 £	2016 £
Big Lottery Fund - Myanmar	116,271	164,801
Aspiring Communities Fund - Growing2gether	24,689	-
Highland Council Innovation Fund - Growing2gether	<u>30,000</u>	<u>-</u>
	<u>170,960</u>	<u>164,801</u>

5. RAISING FUNDS

Raising donations and legacies

	2017 £	2016 £
Staff costs	1,016	2,921
Mailings	136	1,137
Travel	329	442
Training	33	1,138
Development costs	-	263
Fundraiser fees	13,656	3,796
Chief Executive's fees	5,234	10,465
Fundraising events costs	<u>-</u>	<u>50</u>
	<u>20,404</u>	<u>20,212</u>

**ECOLOGIA YOUTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
for the year ended 30 September 2017

**6. CHARITABLE ACTIVITIES COSTS**

	Direct costs £	Grant funding of activities (See note 7) £	Support costs (See note 8) £	Totals £
The advancement of education and physical and spiritual health	<u>83,510</u>	<u>173,203</u>	<u>28,288</u>	<u>285,001</u>

**7. GRANTS PAYABLE**

	2017 £	2016 £
The advancement of education and physical and spiritual health	<u>173,203</u>	<u>186,344</u>

The total grants paid to institutions during the year was as follows:

	2017 £	2016 £
Kitezh & Orion children's communities	9,455	21,983
Temi Community - Georgia Grant	307	3,940
Braveheart Georgia	-	950
Sky Is The Limit	8,966	18,756
Moof, Kenya	1,493	-
International Peace Initiatives, Kenya	4,104	15,123
Kalyana Mitta Foundation, Myanmar	117,059	124,392
G-BIACK	800	1,200
Growing2gether	<u>31,019</u>	<u>-</u>
	<u>173,203</u>	<u>186,344</u>

**8. SUPPORT COSTS**

	Management £	Governance costs £	Totals £
The advancement of education and physical and spiritual health	<u>25,203</u>	<u>3,085</u>	<u>28,288</u>

**9. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2017 £	2016 £
Depreciation - owned assets	434	695
Other operating leases	2,317	4,017
Costs of external scrutiny	<u>2,748</u>	<u>2,730</u>



**ECOLOGIA YOUTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
for the year ended 30 September 2017

**10. TRUSTEES' REMUNERATION AND BENEFITS**

F A Hollingshead received £19,869 in fees for her services to the charity as chief executive.

D Whitmore received £8,750 remuneration for her services to the charity as director of the Growing2gether project.

No further Trustees received remuneration for their services.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 September 2017 nor for the year ended 30 September 2016.

**11. STAFF COSTS**

	2017	2016
	£	£
Wages and salaries	38,436	27,270
Other pension costs	<u>145</u>	<u>0</u>
	<u><u>38,581</u></u>	<u><u>27,270</u></u>

The average monthly number of employees during the year was as follows:

	2017	2016
Administration	<u>3</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

**12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	46,856	65,655	112,511
<b>Charitable activities</b>			
The advancement of education and physical and spiritual health	-	164,801	164,801
Other trading activities	54,126	-	54,126
Investment income	<u>613</u>	<u>-</u>	<u>613</u>
<b>Total</b>	<b>101,595</b>	<b>230,456</b>	<b>332,051</b>
<b>EXPENDITURE ON</b>			
Raising funds	20,182	30	20,212
<b>Charitable activities</b>			
The advancement of education and physical and spiritual health	<u>75,395</u>	<u>218,816</u>	<u>294,211</u>
<b>Total</b>	<b>95,577</b>	<b>218,846</b>	<b>314,423</b>
<b>NET INCOME/(EXPENDITURE)</b>	<b>6,018</b>	<b>11,610</b>	<b>17,628</b>

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	41,784	77,800	119,584
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>47,802</u>	<u>89,410</u>	<u>137,212</u>

13. TANGIBLE FIXED ASSETS

	Motor vehicles £	Computer equipment £	Totals £
<b>COST</b>			
At 1 October 2016	2,500	3,974	6,474
Additions	<u>—</u>	<u>700</u>	<u>700</u>
At 30 September 2017	<u>2,500</u>	<u>4,674</u>	<u>7,174</u>
<b>DEPRECIATION</b>			
At 1 October 2016	2,359	3,642	6,001
Charge for year	<u>35</u>	<u>399</u>	<u>434</u>
At 30 September 2017	<u>2,394</u>	<u>4,041</u>	<u>6,435</u>
<b>NET BOOK VALUE</b>			
At 30 September 2017	<u>106</u>	<u>633</u>	<u>739</u>
At 30 September 2016	<u>141</u>	<u>332</u>	<u>473</u>

14. FIXED ASSET INVESTMENTS

	Unlisted investments £
<b>MARKET VALUE</b>	
At 1 October 2016 and 30 September 2017	<u>5,000</u>
<b>NET BOOK VALUE</b>	
At 30 September 2017	<u>5,000</u>
At 30 September 2016	<u>5,000</u>

There were no investment assets outside the UK.

Ecologia Youth Trust holds an investment of 5,000 five-year shares in Ekopia Resource Exchange.

ECOLOGIA YOUTH TRUST

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
for the year ended 30 September 2017

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017 £	2016 £
Trade debtors	39,183	18,122
Sundry debtors	-	640
	<u>39,183</u>	<u>18,762</u>

16. CURRENT ASSET INVESTMENTS

	2017 £	2016 £
Unlisted investments	<u>5,000</u>	<u>5,000</u>

Ecologia Youth Trust hold 5,000 one-year shares in Ekopia Resource Exchange Limited.

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017 £	2016 £
Bank loans and overdrafts (see note 18)	4,141	-
Trade creditors	9,433	19,016
Social security and other taxes	139	19
Credit card control account	157	398
Accrued expenses	<u>2,700</u>	<u>2,730</u>
	<u>16,570</u>	<u>22,163</u>

18. LOANS

An analysis of the maturity of loans is given below:

	2017 £	2016 £
Amounts falling due within one year on demand:		
Bank overdrafts	<u>4,141</u>	<u>-</u>

19. MOVEMENT IN FUNDS

	At 1.10.16 £	Net movement in funds £	Transfers between funds £	At 30.9.17 £
<b>Unrestricted funds</b>				
General funds	47,802	(534)	(7,804)	39,464
<b>Restricted funds</b>				
Kitezh Reserve Fund	49,537	3,463	-	53,000
David John Wallace Sports Fund	308	93	-	401
Kalyana Mitta Foundation, Myanmar	38,789	(36,793)	-	1,996
Sky Is The Limit fund	(114)	969	-	855
International Peace Initiatives, Kenya	890	(280)	-	610
Growing2gether	-	(7,804)	7,804	-
	<u>89,410</u>	<u>(40,352)</u>	<u>7,804</u>	<u>56,862</u>
<b>TOTAL FUNDS</b>	<u>137,212</u>	<u>(40,886)</u>	<u>-</u>	<u>96,326</u>

19. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General funds	59,667	(60,201)	(534)
<b>Restricted funds</b>			
Kitezh Reserve Fund	15,351	(11,888)	3,463
David John Wallace Sports Fund	400	(307)	93
Kalyana Mitta Foundation, Myanmar	116,271	(153,064)	(36,793)
Sky Is The Limit fund	10,042	(9,073)	969
MOOF Kenya	1,493	(1,493)	-
International Peace Initiatives, Kenya	4,054	(4,334)	(280)
Grow Bio-Intensive Agriculture of Kenya	800	(800)	-
Growing2gether	56,441	(64,245)	(7,804)
	204,852	(245,204)	(40,352)
<b>TOTAL FUNDS</b>	<b>264,519</b>	<b>(305,405)</b>	<b>(40,886)</b>

Unrestricted Funds:

General funds:

These are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.

Restricted Funds

Kitezh fund:

This fund is specified for assisting a community of orphans with foster families at Kitezh in Russia.

David John Wallace Sports Fund:

This fund was set up specifically to support an orphan child (Datuna) from the Temi Community in Georgia. Datuna now lives in Scotland and is working hard to become a disabled basketball player.

Kalyana Mitta Foundation, Myanmar:

A BIG Lottery funded project at Inle Lake, Myanmar that will improve the livelihoods of disadvantaged youth while protecting the environment through sound agricultural practices that increase sustainable land use and improve resilience to climate change.

Sky Is The Limit fund:

This fund is set up to support a home and school for orphans in Uganda.

International Peace Initiatives (IPI), Kenya:

This fund is set up to support peace initiatives in Kenya, a home for orphans in Meru, and to provide skills training for women to support their families.

Grow Bio-intensive Agriculture Centre of Kenya:

This fund is Grow Bio-intensive Agriculture Centre of Kenya with whom we have a project to support grandmothers who care for their grand children orphaned as a result of HIV/AIDS.

Aspiring Communities - Growing2gether:

Growing2gether is a new programme for schools in Scotland that supports disengaged young people to develop confidence and self-belief by mentoring small children, nurturing their potential and developing trust in their community.

**Transfers between funds**

A transfer was made from general funds to the Aspiring Communities Growing2Gether fund to cover the deficit arising on this fund.

**20. RELATED PARTY DISCLOSURES**

Ecotravels:

A business owned and operated by the Trustee F A Hollingshead.

During the year Ecologia Youth Trust purchased goods and services of £26,580. These transactions were undertaken on an open market basis. At the balance sheet date there were no outstanding balances.